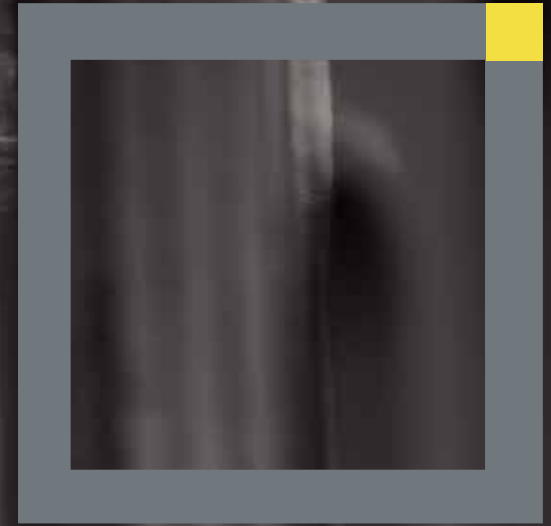




NEW
HAMPSHIRE
CHILDREN'S
HEALTH
FOUNDATION

Educate
Invest
Strengthen

2023 Annual Report



Our Mission

To improve the health and wellbeing
of all New Hampshire children.

Our Vision

All children thrive and reach their full potential.

Our Values

COLLABORATION: we seek out and build connections with partners throughout New Hampshire and nationally to identify shared opportunities and to leverage capabilities and resources on behalf of the community.

RESPONSIVENESS & FLEXIBILITY: we listen to stakeholder input, seek to understand changing requirements, and tailor our work to meet community needs.

ACCOUNTABILITY & STEWARDSHIP: we are transparent and accountable to the community and operate with the highest fiduciary and governance standards.

EQUITY: we actively seek to end disparities in power, money, access, and resources in all aspects of our organization and our work externally.

TRUST: we have confidence in the integrity, reliability, and fairness of our colleagues and our external partners.



Broadening Our Perspective

Following our strategic priorities to *Educate, Invest, and Strengthen*, over the last year the New Hampshire Children’s Health Foundation has moved to increase its role as a convenor, thought leader, advocate, and change agent in addition to our ongoing important work in grantmaking.

The primary initiative that we have undertaken to transform our work in this way is the *Children’s Health Dashboard*. The purpose of the Dashboard is to present objective data in a creative and informative manner to advance the state of children’s health in New Hampshire. After developing a plan, we hired our first Director of Research and Community Impact to head this effort. You can expect to see the launch of the *Dashboard* in 2024.

REFLECTION AS A CATALYST TO TRANSFORM IMPACT

Guided by several of our members who have expertise in diversity, equity, and inclusion (DEI) practices, our Board of Directors and staff have devoted significant time and effort in self-reflection on our understanding of and commitment to DEI principles. We established an Equity Task Force and developed and approved an equity definition for the organization.

In addition, we decided to more fully embody trust-based philanthropy (TBP). At its core, TBP is about rebalancing the relationships between funders and their nonprofit partners. On a practical level, this includes unrestricted funding, streamlined applications and reporting, and a commitment to building relationships based on transparency, dialogue, and mutual learning.

A professional evaluation of our grantees on the occasion of our 25th anniversary found that we have a long-standing reputation as a trusted partner, not simply a funding source, and many of our current practices conform to TBP principles. But we aspire to move further along this continuum in the years ahead.

INVESTMENTS TO IMPROVE CHILDREN’S HEALTH

Our grantmaking committee reviewed, and our board approved, a number of strategic grants and investments this past year. These include research to assess the state’s workforce capacity in early childhood and family mental health. We also partnered with the NH Charitable Foundation and the Endowment for Health to fund successful public policy advocacy to improve access to coverage for Medicaid participants, to increase Medicaid reimbursement rates to support the health and mental health workforce and to make services more available for children and their caregivers.

As you may also be aware, the New Hampshire Children’s Health Foundation is engaged in a long-term, multi-prong effort to prevent and reduce childhood trauma. Our focus is to effect change in New Hampshire policies, systems, and environments through strategies that can prevent and reduce the risk for adverse childhood experiences.

This past year we awarded significant funding to four communities/ regions (Nashua, Concord, Coos County and the Monadnock region) to initiate multi-year efforts to build Trauma Responsive Communities. The goal of these projects is to strengthen existing community-based resources to prevent and reduce childhood trauma.

Detail on these and other grants and investments we made this year are outlined on page 6 of this report.

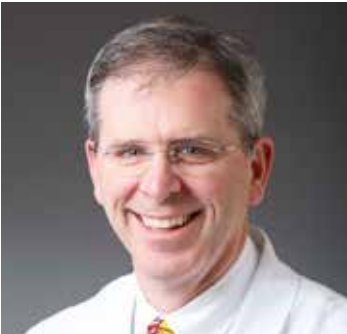
OUR APPRECIATION

Three highly dedicated Directors termed off the Board this year: Bobbie Bagley, Director of the Nashua Division of Public Health and Community Services; Matthew Boyle of Empower Retirement; and Roland Lamy, Principal of Helms and Company.

We would like to recognize and thank them, and the other dedicated and talented members of our board and committees, for the great deal of time, energy, and thoughtfulness that they have invested in their support of the Foundation.

Our mission is to improve the health and wellbeing of all New Hampshire children and we are proud of the progress we continue to make in working with our partners statewide to move our mission forward.

With best regards,



Keith Loud
Keith Loud, MD, Board Chair



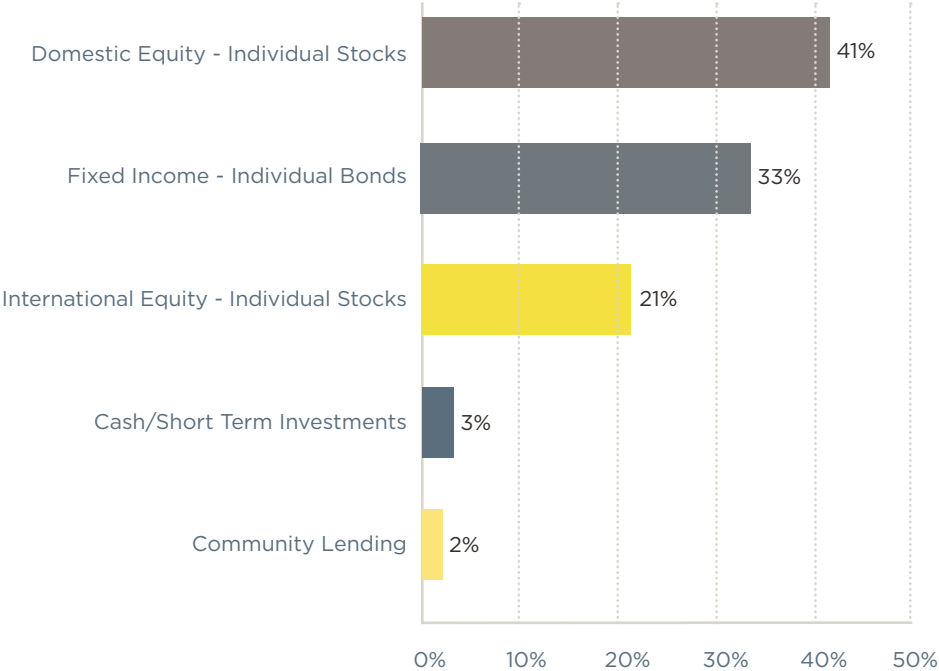
Gail M. Garceau
Gail M. Garceau, President

Investment Policy and Grant Award Allocation

The New Hampshire Children’s Health Foundation’s investment policy states that our portfolio be managed to maximize its total rate of return over the long term. Our spending policy is a minimum of 5% of assets annually, based on the previous twelve-quarter moving average of the total portfolio.

Given our mission, our investment manager is directed to avoid investing in companies primarily doing business in tobacco, alcohol, fast food, sugary and caffeinated drinks or processed foods.

INVESTMENT ALLOCATIONS AS OF DECEMBER 31, 2023

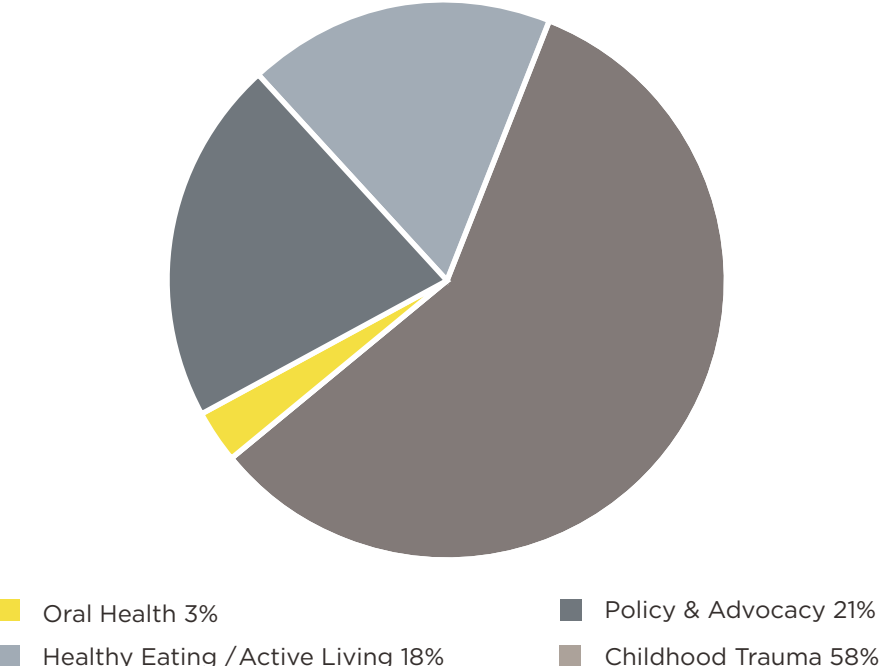


Our grantmaking focuses on children up to age 5 and their families in the following funding priorities:

- Prevent and reduce childhood trauma.
- Promote healthy eating or active living.
- Promote oral health for children through age five and / or pregnant women.
- Increase access to children’s health and dental insurance coverage.

This chart reflects the allocation of new grant awards and other related field investments made during the year.

2023 GRANTMAKING ALLOCATION



Update on Our Work to Prevent and Reduce Childhood Trauma

New Hampshire Children's Health Foundation continues to invest in pilot models that have the opportunity to strengthen community resources to screen, refer and support children who may benefit from resilience-enhancing trauma informed services. In late 2022, the Foundation awarded multi-year funding to four communities to initiate a Trauma Responsive Communities (TRC) model. This work is intended to build on previous community investments to implement trauma informed pediatric screening and referral for Adverse Childhood Experiences (ACEs).

The four communities engaged in the TRC initiative include Coos County, Nashua, Monadnock Region and Concord. Each of these communities was the site of a trauma informed pediatric screening pilot led by the University of New Hampshire and funded by the Foundation.

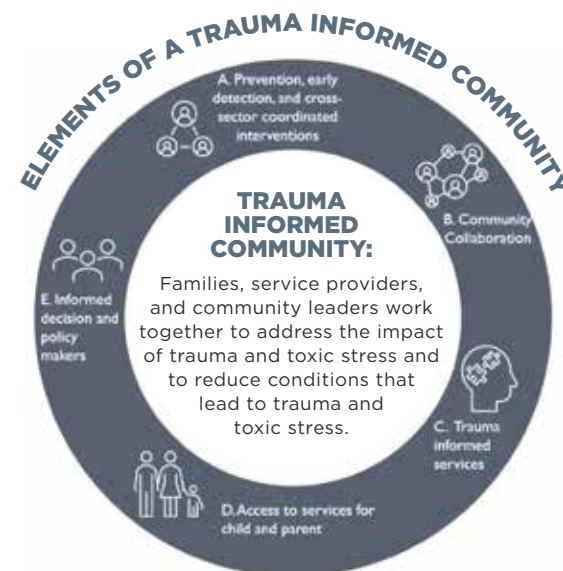
TRC funding is not intended to initiate a new program or service. Rather, the community has determined which existing prevention practices, for example, mental health, home visiting, early care, education, housing, crisis services or others, will be the focus of their activities.

A variety of supports beyond grant funds are offered by the Foundation to participating communities including technical assistance, evaluation and communication. Grantee and partner convenings are held throughout the project for learning and to share knowledge, to engage around particular topics or issues, and to provide overall input to the pilot project.

OTHER INITIATIVES

Additional grant making and partnerships to prevent and reduce childhood trauma in 2023 include:

- Partnering with the Endowment for Health for Infant Mental Health Credential research and planning by the UNH Institute on Disability. Our goal is to identify, incentivize, and scale sustainability options for a credentialing infrastructure for professionals in early childhood and family mental health. The project will explore funding options to ensure that 20 practitioners each year may attain the credential.
- Supporting business planning for the Adverse Childhood Experience Response Team (ACERT) Technical Assistance Center in response to current and anticipated ACERT demand.
- Partnering with the New Hampshire Charitable Foundation and the Endowment for Health to fund New Futures to coordinate legislative advocacy, communication and grassroots development and support for early childhood policy change and increased public investment.



As developed by the New Hampshire Children's Health Foundation

Grant Awards and Contracts

In 2023, the Foundation provided more than \$767,000 in 17 grant awards and other related investments to support the work of our partner organizations and move our mission forward. Since 1997, we have invested nearly \$19M into New Hampshire communities to improve children’s health.

ORAL HEALTH			
ORGANIZATION NAME	DESCRIPTION	2023 AMOUNT	TOTAL AWARD
University of NH Institute for Health Policy and Practice	To update and maintain the NH Oral Health Report Suite (statewide)	\$21,326	\$63,980
TOTAL GRANTS AND CONTRACTS: ORAL HEALTH (1)		\$21,326	\$63,980

HEALTHY EATING AND ACTIVE LIVING			
ORGANIZATION NAME	DESCRIPTION	2023 AMOUNT	TOTAL AWARD
Amoskeag Health	To combine home visiting with increased access to food through awareness of federally funded nutrition programs and cooking classes (Manchester)	\$20,000	\$60,000
NH Hunger Solutions	To increase participation in the school breakfast program (Manchester and Nashua)	\$30,000	\$90,000
Building Community in New Hampshire	To improve nutrition access and consumption for newly settled refugee children (Manchester)	\$30,000	\$90,000
Seacoast Eat Local	Increase knowledge and awareness of locally grown food through elementary education and local produce take-home bags (Rockingham and Strafford Cos.)	\$20,000	\$40,000
Regenerative Roots	To purchase land and/or establish long term leases for growing vegetables and processing locally grown produce for sale and donation (Nashua)	\$15,000	\$45,000
NH Fiscal Policy Institute	To conduct data analysis to inform increased participation in federal nutrition programs (statewide)	\$20,000	\$20,000
TOTAL GRANTS AND CONTRACTS: HEALTHY EATING AND ACTIVE LIVING (6)		\$135,000	\$345,000

Grant Awards and Contracts *(Continued)*

CHILDHOOD TRAUMA			
ORGANIZATION NAME	DESCRIPTION	2023 AMOUNT	TOTAL AWARD
UNH Institute for Health Policy and Practice	To maintain and expand pediatric primary care practice system change to screen and refer for childhood trauma, Cohort 2 (regional)	\$51,375	\$598,589
UNH Institute on Disability	Scale, incentivize, and identify sustainability options for a credentialing infrastructure for professionals in early childhood and family mental health, and explore funding options to ensure 20 individuals attain the credential annually (statewide)	\$34,313	\$34,313
North Country Education Services for Coos Coalition for Young Families	To initiate activities for Trauma Responsive Communities (regional)	\$89,302	\$150,000
Granite United Way	Community service inventory and planning for Trauma Responsive Communities (regional)	\$49,825	\$150,000
Monadnock Family Services	Community service inventory and planning for Trauma Responsive Communities (regional)	\$57,100	\$150,000
United Way of Greater Nashua	To conduct a community service inventory, planning and initiate activities for Trauma Responsive Communities (regional)	\$75,000	\$150,000
Amoskeag Health	For business planning to support expansion of the Adverse Childhood Experience Response Team Technical Assistance Center (state, national)	\$25,000	\$25,000
CONSULTANTS/CONTRACTS			
Health Resources in Action	To provide consultation, planning, evaluation and learning services to inform and advance childhood trauma strategies (statewide)	\$64,590	\$64,590
TOTAL GRANTS AND CONTRACTS/CONSULTANTS: CHILDHOOD TRAUMA (8)		\$446,505	\$1,322,492
POLICY AND ADVOCACY			
ORGANIZATION NAME	DESCRIPTION	2023 AMOUNT	TOTAL AWARD
New Futures	For community engagement and advocacy leadership training to advance early childhood and health policy systems change in New Hampshire (statewide)	\$135,000	\$405,000
NH Oral Health Coalition	For general operating support to advance policy and practice for improved oral health services to children, families and adults (statewide)	\$30,000	\$90,000
TOTAL GRANTS AND CONTRACTS/CONSULTANTS: POLICY AND ADVOCACY (2)		\$165,000	\$495,000
2023 TOTAL GRANTS AND CONTRACTS/CONSULTANTS		\$767,831	\$2,226,472

Statement of Financial Position

STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED DECEMBER 31, 2023 AND 2022

	2023	2022
	<i>(in thousands)</i>	
REVENUES AND GAINS (LOSSES)		
Contribution income	\$ -	\$ -
Interest and dividend income	596	510
Net realized and unrealized gains (losses)	3,348	(6,753)
Total Revenues and Gains (losses)	3,944	(6,243)
EXPENSES		
Salaries and benefits	452	352
Grants made	433	379
Professional and legal fees	21	44
Other expenses	204	182
Total Expenses	1,110	957
INCREASE (DECREASE) IN NET ASSETS WITHOUT DONOR RESTRICTIONS	2,834	(7,200)
NET ASSETS WITHOUT DONOR RESTRICTIONS, BEGINNING OF YEAR	26,140	33,340
NET ASSETS WITHOUT DONOR RESTRICTIONS, END OF YEAR	\$28,974	\$26,140
STATEMENTS OF FINANCIAL POSITION DECEMBER 31, 2023 AND 2022		
ASSETS		
Cash and investments	\$29,067	\$26,617
Other assets	152	149
Total Assets	\$29,219	\$26,766
LIABILITIES AND NET ASSETS		
Payables and other accrued expenses	\$ 71	\$ 117
Grants payable, net of present value discount	174	509
Net assets	\$28,974	\$26,140
TOTAL LIABILITIES AND NET ASSETS	\$29,219	\$26,766

Leadership

The board of the New Hampshire Children's Health Foundation is comprised of influential policy makers, health experts and advocates for children. Their continued imagination and guidance have inspired us to become a leading funder for children's health in the state.

OFFICERS

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Director, Division of
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and Community Services
City of Nashua
Resident of Londonderry, NH

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Pediatrician
Coos County Family Health Services
Pediatric Medical Director
Androscoggin Valley Hospital
Resident of Gorham, NH

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Associate Professor of
Nursing-Emerita and Adjunct
Faculty Elms College
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Northern Human Services
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Financial Officer
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Bi-State Primary Care Association
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Principal, Health Equity
Strategies, LLC
Resident of Manchester, NH

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Meredith Bay Consulting
Resident of Center Harbor, NH

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Gail M. Garceau

President

Patti Baum

Program Director

Alisa Druzba

Director of Research and
Community Impact

Tracey Tryba

Finance/Administration Manager

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Erin Hennessey, Vice Chair
Matthew Boyle, Treasurer
Roland Lamy, Secretary

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Erin Hennessey
Kassie Eafрати
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Mary Bidgood-Wilson
Brian Beals

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Susan Stearns
Erin Hennessey
Peter Ames
Bobbie Bagley
Mary Bidgood-Wilson
Kristine Stoddard

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Bobbie Bagley, Chair
Peter Ames
Borja Alvarez de Toledo
Trinidad Tellez

CHILDREN’S HEALTH DASHBOARD ADVISORY GROUP

Keith Loud
Roland Lamy
Matthew Boyle
Peter Ames

*Non board member

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