



Greater Monadnock Region Health Equity Index Guide 2023

What is the Greater Monadnock Region Health Equity Index Guide

When creating community-wide action plans, it is important to keep in mind; not all communities need and receive support in an equitable way. This prompted us to develop the Greater Monadnock Region Health Equity Index and this accompanying Greater Monadnock Region Health Equity Index Guide. The Index was created by compiling data from several sources, including the New Hampshire Department of Health and Human Services data portal, local community surveys, and other place-based data sets. Variables were then chosen based on that data and the priorities of the Greater Monadnock Region's Community Health Improvement Plan (CHIP), which also guides the Healthy Monadnock Alliance.

These variables include:

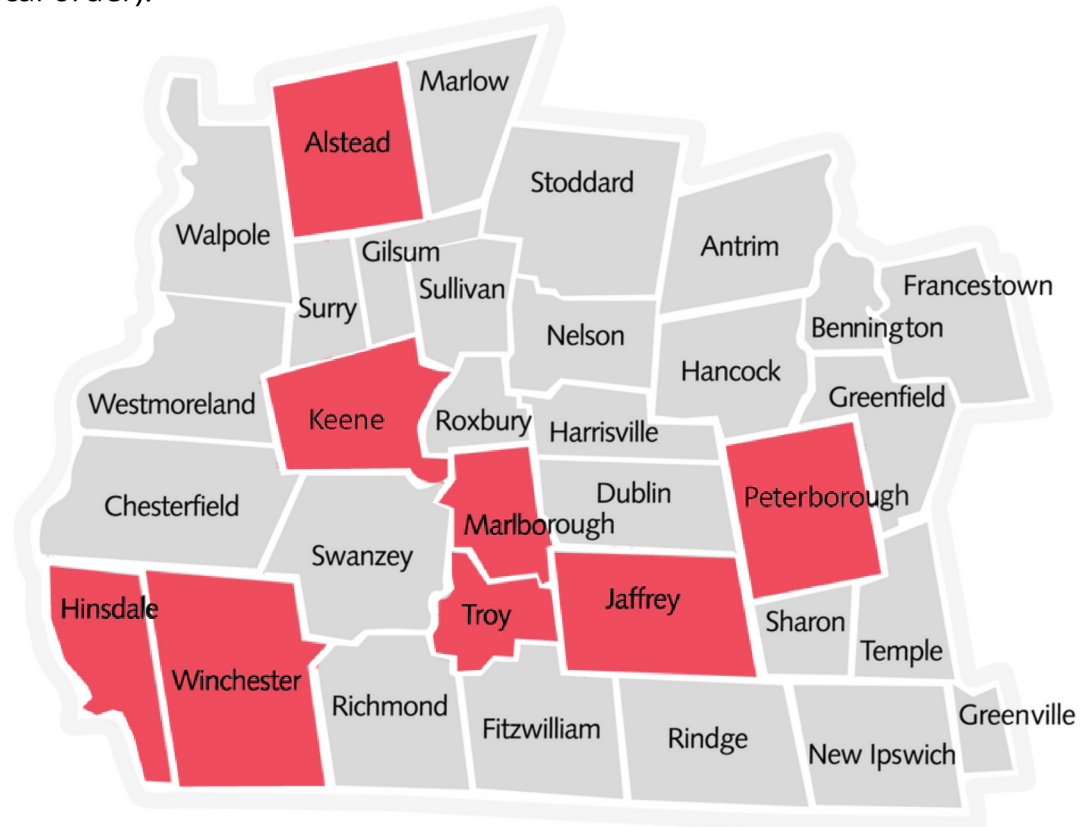
- Information on populations of interest (such as adolescent, aging, and racial/ethnic minority groups)
- Protective and risk factors (such as education, ability to get needed social support, and area crime)
- Access to resources (such as employment, income, living situations, and vehicles)

Data for each town was compared against regional data to understand differences, and an index score was calculated. The towns with the greatest index scores, which indicate high-impact areas where the greatest opportunity to positively impact health and well-being, are included in this guide.

Areas Identified as Greatest Opportunity for Positive Impact

When creating this guide, we wanted a way to identify and highlight the high-impact towns throughout our region where there was the greatest need and opportunity to positively impact community-wide health and well-being. This iteration of the Index and accompanying guide identified 8 towns in the Greater Monadnock region. These towns are (listed in alphabetical order):

- Alstead
- Hinsdale
- Jaffrey
- Keene
- Marlborough
- Peterborough
- Troy
- Winchester



How can I use this Guide to Enhance my Work?

This Guide is meant to enhance already existing community work across the region, as well as help to identify where to expand or begin new programs or projects. Some ideas for how to use this Guide in your may work include:

- Choosing geographic areas to strengthen existing programs or services
- Piloting new community-based programs or services
- Prioritizing outreach to members of the indicated town to participate in community-building work
- Hosting events/activities in the indicated towns to provide better access
- Using in support of funding opportunities/proposals for place-based work

For more information about how this guide was created, how to incorporate this information in your work, or to get help finding other place-based data that may be available, please contact Maggie Graul, Population Health Epidemiologist at The Center for Population Health, Cheshire Medical Center at mgraul@cheshire-med.com.