

NEW  
HAMPSHIRE  
CHILDREN'S  
HEALTH  
FOUNDATION

# Evolution & Impact

**2024** Annual Report



## Our Mission

To improve the health  
and wellbeing of all  
New Hampshire children.



## Our Vision

All children thrive and reach their full potential.

## Our Values

### **COLLABORATION**

We seek out and build connections with partners throughout New Hampshire and nationally to identify shared opportunities and to leverage capabilities and resources on behalf of the community.

### **RESPONSIVENESS & FLEXIBILITY**

We listen to stakeholder input, seek to understand changing requirements, and tailor our work to meet community needs.

### **ACCOUNTABILITY & STEWARDSHIP**

We are transparent and accountable to the community and operate with the highest fiduciary and governance standards.

### **EQUITY**

We actively seek to end disparities in power, money, access, and resources in all aspects of our organization and our work externally.

### **TRUST**

We have confidence in the integrity, reliability, and fairness of our colleagues and our external partners.



# A Year of Evolution & Impact

The past year marked a significant transition in the evolution of the New Hampshire Children's Health Foundation. After more than 20 years of project-based responsive grantmaking, we expanded to consider awards for general operating support. Grants may now be made to organizations that demonstrate a commitment and ability to sustain or advance an area that we consider a priority for funding, with the goal of moving further along the continuum of complete Trust-Based Philanthropy.

Continuing our commitment to diversity, equity, and inclusion, we established a task force of Board and staff members to evaluate our current Foundation policies, practices, and procedures, with the goal of fostering a more equitable approach to our work. Through these discussions, we have engaged in meaningful conversations that have raised important questions, prompting us to reflect deeply on how power differentials and disparities show up in philanthropy.

The Foundation also invested greatly this year in developing its Children's Health Dashboard. The purpose of the Dashboard is to identify, measure, and monitor the top conditions and factors that drive children's health in New Hampshire. The Dashboard has already highlighted the factors beyond traditional healthcare and public health - like neighborhood safety or socioeconomic status - affect children's health and well-being. You can read more about its development on page 6.

## **PARTNERSHIPS LEVERAGE OUR FUNDING**

Our assets are limited, but we have continued to have an impact well beyond our size through partnerships. A recent example of this impact is our investment of \$135,000 in collaboration with other foundations in supporting the advocacy work of New Futures. As a result of this leveraged funding, we have all seen an increased investment by the State of New Hampshire which includes:

- More than \$10M for home visiting services for families with children up to age five.
- \$2.9M for post-partum Medicaid; extending eligibility from three to 12 months during a critical period of maternal mental health and early childhood development.
- \$1.2M for WIC recipients to shop for fresh produce at local farmers' markets.
- Extending Medicaid Expansion for seven years.

Our dollars were also leveraged in support of additional advocacy organizations including NH Fiscal Policy Institute, NH Oral Health Coalition and NH Hunger Solutions. Whether through nonpartisan research, education, or training, their work seeks to ensure that the systems supporting children and families are delivering at their highest capacity.

In 2024, we directly granted close to \$300,000 in critical areas of need throughout the state supporting work in trauma-informed care in pediatric primary care, trauma-responsive community projects in four regions of the state, and food insecurity. Additionally, we granted \$370,000 in general operating support to 19 organizations throughout the state.

New Hampshire's children and families can thrive thanks to the tireless dedication of so many nonprofit organizations in the state. The commitment of these community partners to the state's children and families is supported, in a small way, through our grants.

## **WE ARE FORTUNATE**

We could not accomplish the work we do without a committed and effective Board of Directors and staff as well as the dedication of several former Board members who continue to serve in an ex-officio capacity on our committees. See page 11 for the list.

Directors Don Shumway, Mary Bidgood-Wilson, and Kassie Efrati departed our Board this year. Incoming members included Sabrina Dunlap, Senior Director of Government Relations with Anthem Blue Cross Blue Shield; Matt Dodge of UBS Financial Services; and Josephine (Jo) Porter, Chief Strategy Officer, NH Center for Justice and Equity.

The strength that individual members bring to our Board is reflected in the work that the Foundation has accomplished during the year, and we are fortunate and grateful to have such an engaged and active group.

With best regards,



*Keith Loud*

Keith Loud, MD, Board Chair



*Gail M. Garceau*

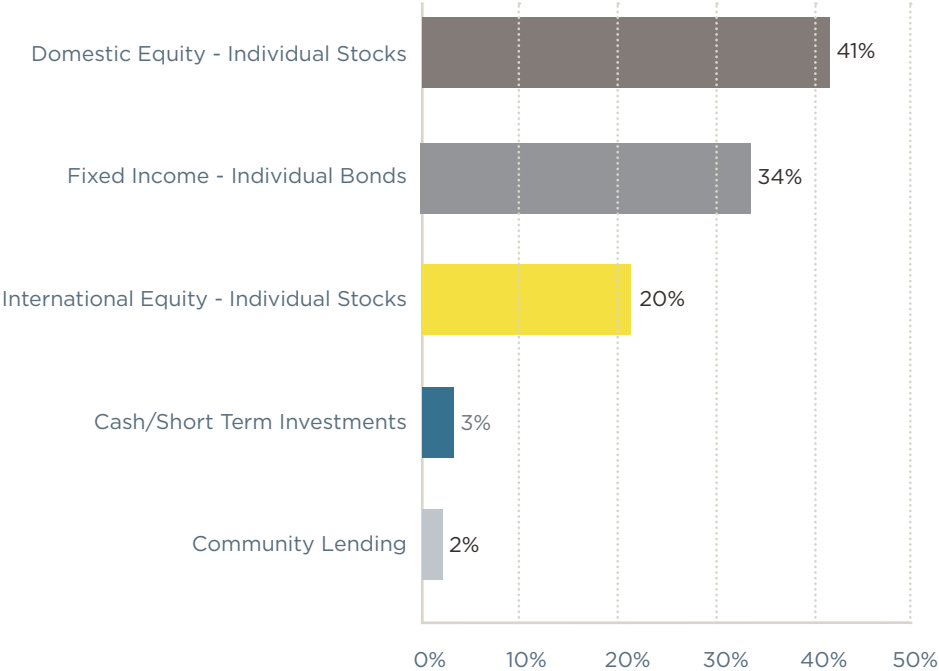
Gail M. Garceau, President

# Investment Policy and Grant Award Allocation

The New Hampshire Children’s Health Foundation’s investment policy states that our portfolio be managed to maximize its total rate of return over the long term. Our spending policy is a minimum of 5% of assets annually, based on the previous twelve-quarter moving average of the total portfolio.

Given our mission, our investment manager is directed to avoid investing in companies primarily doing business in tobacco, alcohol, fast food, sugary and caffeinated drinks or processed foods.

## INVESTMENT ALLOCATIONS AS OF DECEMBER 31, 2024

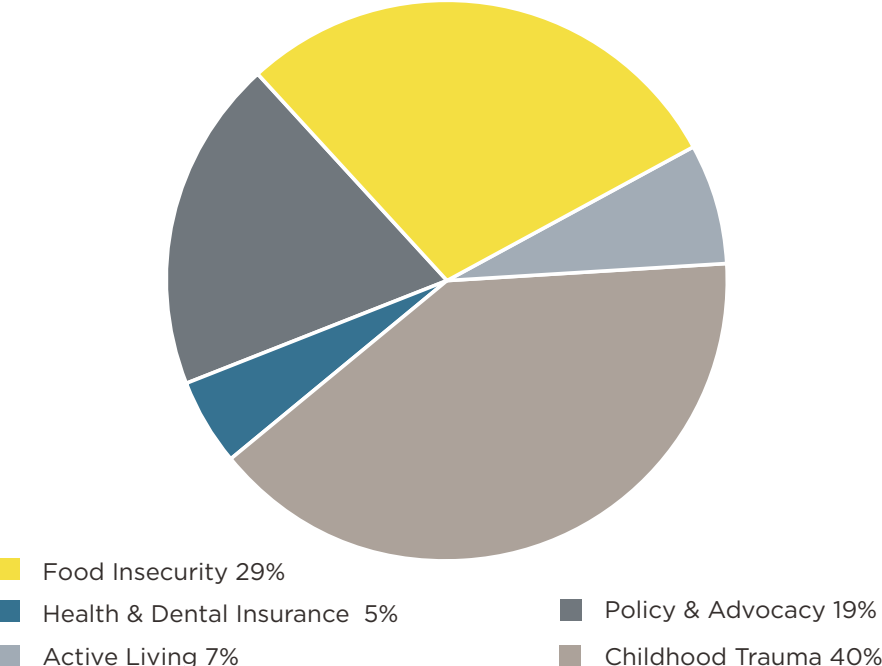


Our grantmaking focuses on children up to age 5 and their families in the following funding priorities:

- Prevent and reduce childhood trauma.
- Promote active living.
- Promote oral health.
- Increase access to children’s health and dental insurance coverage.
- Reduce food insecurity.

This chart reflects the allocation of new grant awards and other related field investments made during the year.

## 2024 GRANTMAKING ALLOCATION



# Our Ongoing Commitment to Prevent and Reduce Childhood Trauma

The New Hampshire Children’s Health Foundation is actively engaged in a long-term, multi-pronged effort to prevent and reduce childhood trauma. Our focus is ensuring that New Hampshire communities implement policies, systems, and environments to improve outcomes and support resilience for children and their caregivers.

In 2024, the Foundation continued to build upon previous investments, deepening its impact and expanding efforts to share key learnings. This work included responding to the needs of the Early Childhood Workforce, providing trauma-informed education and skill-building for healthcare practitioners, and strengthening the early childhood mental health system.

## TRAUMA INFORMED CARE FOR PEDIATRIC PRIMARY CARE COHORT 2

Following the success of the first cohort of five pediatric practices, our grant partners at the UNH Pediatric Improvement Project (PIP) launched a second cohort comprised of four community health centers. This cohort provided new and important lessons that will be published in 2025.

Additionally, PIP created a series of informational videos to enhance providers’ and practitioners’ knowledge of trauma-informed practices. It also began work on *Resilient by Design: Trauma-Informed Care for the Health Care Workforce*, an online multi-module quality improvement training set for release in early 2025.

## EARLY CHILDHOOD AND FAMILY MENTAL HEALTH CREDENTIAL

Partners in the early childhood field came together to inform and develop an online credential, the Early Childhood and Family Mental Health Credential, addressing early childhood and family mental health supports for New Hampshire’s youngest children.

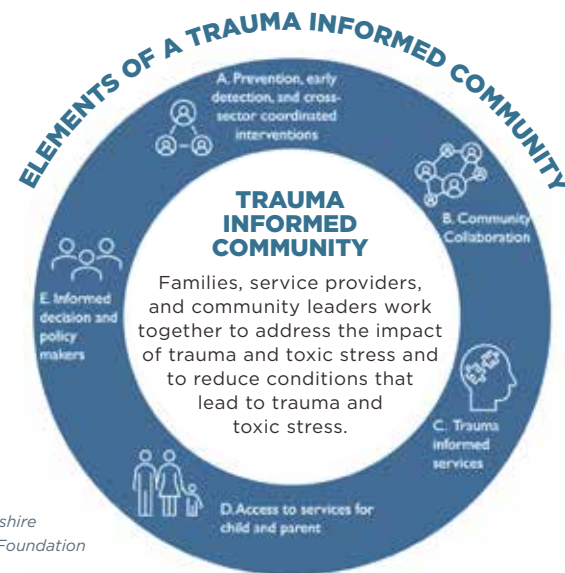
“Up-skilling” the infant mental health workforce will build knowledge and confidence in professionals, improving their ability to positively impact New Hampshire’s youngest children and their families. The credential, another piece of the early childhood mental health system, is slated for release by fall 2025.

## ADVOCACY, RESEARCH AND COMMUNITY SUPPORT

Foundation investments in advocacy and research organizations helped generate state and federal funding for early childhood initiatives and caregivers, leading to budget and policy changes.

The ACERT model, a multi-disciplinary, collaborative approach to addressing the negative effects of childhood trauma long-supported by the Foundation, involves first responders and human service providers connecting families and their children to local trauma-informed mental health services and social supports. In 2024, the Foundation supported ACERT business planning to ensure New Hampshire communities receive necessary technical assistance to build capacity to meet future demands.

Looking ahead, there is growing demand for more advocacy training, trauma-informed care skill-building for social service organizations, and resources to build upon lessons learned. With our community partners, funders, and stakeholders, the Foundation remains committed to mitigating the impact of child adversity and fostering positive outcomes for New Hampshire children and families.



As developed by the New Hampshire Children’s Health Foundation

# New Hampshire Children's Health Dashboard

The Foundation contracted with Virginia Commonwealth University, Center on Society and Health to assist with pulling data and sorting it into Public Health Regions. The data analysis was completed, and the final report for building the Dashboard was delivered to the Foundation at the end of February.

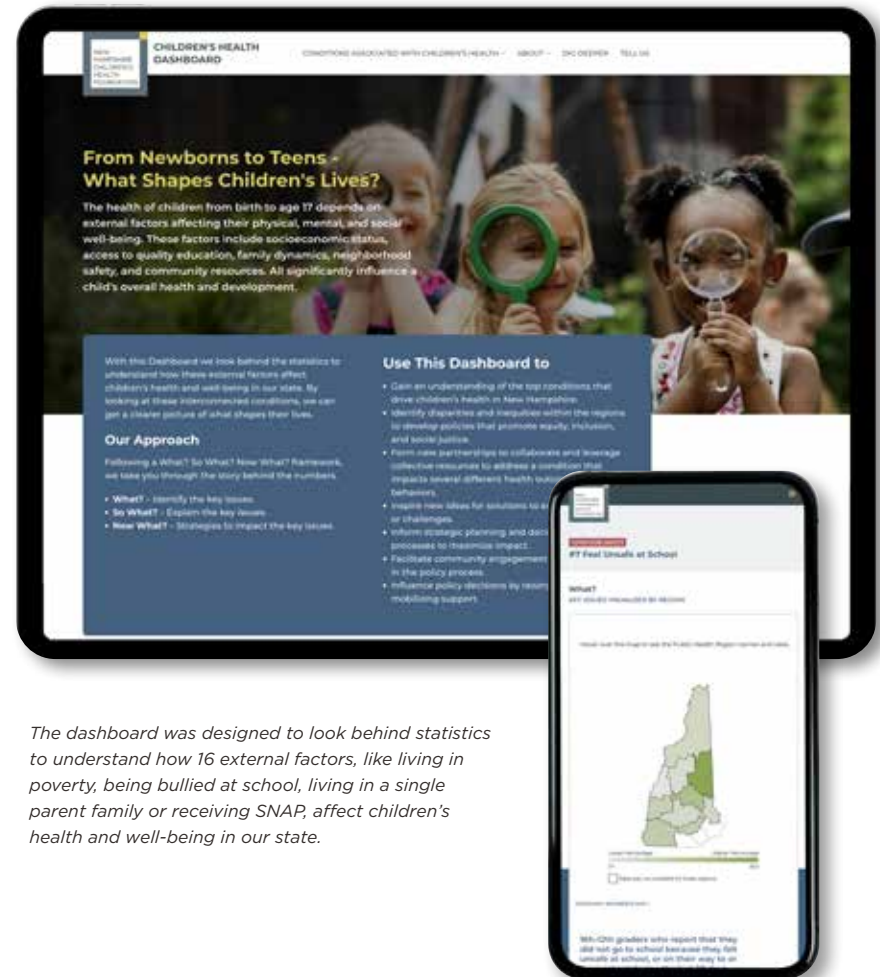
The analysis examined bivariate relationships between 22 New Hampshire RPHN-level health behaviors and outcome measures and 41 health determinants across four domains: (1) economic conditions, (2) education, (3) physical and social environment, and (4) public health and health care systems. The physical and social environment domain includes indicators related to child safety, family, and the built environment. We then selected key findings to highlight in the Dashboard.

We are focusing on the highest correlated conditions leading to negative outcomes for children and families, rather than the outcomes themselves. This approach allows us to address the underlying factors that impact the entire community. By providing this detailed information, we aim to help policymakers and other influential figures better understand regional health disparities and identify priority areas for improving the well-being of children and families.

Brown and Company completed the beta Dashboard website design and build in September. The new website maintains consistency with the branding and visual identity of the Foundation's current website. The beta design focused on the sixteen conditions highlighted by the Dashboard, their correlations to outcomes for children and families, and data visualizations comparing regional and state-level rates.

The seven stakeholder feedback sessions on the Dashboard website, facilitated by Wyatt Davis of Clarkson Davis, began on September 25th. These sessions include subject matter and data

experts involved in the initial project phase. The focus groups continued through November, and participant input helped refine the Dashboard while also generating ideas for future development. Once the feedback was incorporated, final edits were made in preparation for the planned public launch in January 2025.



The dashboard was designed to look behind statistics to understand how 16 external factors, like living in poverty, being bullied at school, living in a single parent family or receiving SNAP, affect children's health and well-being in our state.

# 2024 Grant Award Table

**IN 2024, THE FOUNDATION PROVIDED \$832,497 IN 25 GRANT AWARDS AND OTHER RELATED INVESTMENTS TO SUPPORT THE WORK OF OUR PARTNER ORGANIZATIONS AND MOVE OUR MISSION FORWARD. SINCE 1997, WE HAVE INVESTED NEARLY \$20M INTO NEW HAMPSHIRE COMMUNITIES TO IMPROVE CHILDREN'S HEALTH.**

<b>FOOD INSECURITY</b>			
<b>ORGANIZATION NAME</b>	<b>DESCRIPTION</b>	<b>2024 AMOUNT</b>	<b>TOTAL AWARD</b>
NH Hunger Solutions	General Operating Support (statewide)	\$20,000	\$20,000
Regenerative Roots (M)	To purchase land and/or establish long term leases for growing and processing locally grown produce for sale and donation (Nashua)	\$15,000	\$45,000
NH Fiscal Policy Institute	General Operating Support (statewide)	\$20,000	\$20,000
Monadnock Farm and Community Coalition	General Operating Support (Monadnock Region)	\$10,000	\$10,000
Core Physicians*	General Operating Support (Exeter)	\$20,000	\$20,000
Waypoint	General Operating Support (statewide)	\$20,000	\$20,000
Willing Hands	General Operating Support (Upper Valley)	\$20,000	\$20,000
Cornucopia*	General Operating Support (Peterborough)	\$20,000	\$20,000
Organization for Refugee and Immigrant Success	General Operating Support (Concord, Manchester, Nashua)	\$20,000	\$20,000
Archways*	General Operating Support (Franklin)	\$20,000	\$20,000
Grow Nashua (UWGN)	General Operating Support (Nashua)	\$20,000	\$20,000
Taproot Farm and Environmental Education Center*	General Operating Support (Lancaster)	\$20,000	\$20,000
International Institute of New England	General Operating Support (Manchester)	\$20,000	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: FOOD INSECURITY (13)</b>		<b>\$245,000</b>	<b>\$275,000</b>

# 2024 Grant Award Table

<b>ACTIVE LIVING</b>			
<b>ORGANIZATION NAME</b>	<b>DESCRIPTION</b>	<b>2024 AMOUNT</b>	<b>TOTAL AWARD</b>
Special Needs Support Upper Valley*	General Operating Support (statewide)	\$20,000	\$20,000
Southern NH Planning Commission	General Operating Support (Northern Hillsborough Co. region)	\$20,000	\$20,000
Mt Washington Valley Trails Association*	General Operating Support (Northern Hillsborough Co. region)	\$20,000	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: ACTIVE LIVING (3)</b>		<b>\$60,000</b>	<b>\$60,000</b>

<b>INCREASE ACCESS TO HEALTH AND DENTAL INSURANCE COVERAGE</b>			
<b>ORGANIZATION NAME</b>	<b>DESCRIPTION</b>	<b>2024 AMOUNT</b>	<b>TOTAL AWARD</b>
NH Center for Justice and Equity	General Operating Support (statewide)	\$20,000	\$20,000
Mt Washington Valley Trails Association*	General Operating Support (Northern Hillsborough Co. region)	\$20,000	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: ORAL HEALTH (1)</b>		<b>\$40,000</b>	<b>\$40,000</b>

# 2024 Grant Award Table

CHILDHOOD TRAUMA			
ORGANIZATION NAME	DESCRIPTION	2024 AMOUNT	TOTAL AWARD
UNH Institute for Health Policy and Practice (M)	Trauma Informed Learning Management Platform and PACEs communication (statewide)	\$28,212	\$626,801
North Country Education Services for Coos Coalition for Young Families (M)	To initiate activities for Trauma Responsive Communities (regional)	\$47,025	\$150,000
Granite United Way (M)	Community service inventory and planning for Trauma Responsive Communities (regional)	\$71,025	\$150,000
Monadnock Family Services (M)	Community service inventory and planning for Trauma Responsive Communities (regional)	\$57,119	\$150,000
United Way of Greater Nashua (M)	To conduct a community service inventory, planning and initiate activities for Trauma Responsive Communities (regional)	\$75,000	\$150,000
CONSULTANTS/CONTRACTS			
Health Resources in Action	To provide consultation, planning, evaluation and learning services to inform and advance childhood trauma strategies (statewide).	\$54,116	\$54,116
<b>TOTAL GRANTS AND CONTRACTS/CONSULTANTS: CHILDHOOD TRAUMA (5)</b>		<b>\$332,497</b>	<b>\$1,280,917</b>

POLICY AND ADVOCACY			
ORGANIZATION NAME	DESCRIPTION	2024 AMOUNT	TOTAL AWARD
New Futures (M)	For community engagement and advocacy leadership training to advance early childhood and health policy systems change in New Hampshire (statewide)	\$135,000	\$405,000
NH Oral Health Coalition	General operating support (statewide)	\$20,000	\$20,000
<b>TOTAL GRANTS AND CONTRACTS/CONSULTANTS: POLICY AND ADVOCACY (2)</b>		<b>\$155,000</b>	<b>\$425,000</b>
<b>2024 TOTAL GRANTS AND CONTRACTS/CONSULTANTS</b>		<b>\$832,497</b>	<b>\$2,080,917</b>

M = Multi-year award  
 \* = First time grantee

# Statement of Financial Position

## STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED DECEMBER 31, 2024 AND 2023

	2024	2023
	<i>(in thousands)</i>	
REVENUES AND GAINS		
Interest and dividend income	\$ 638	\$ 596
Net realized and unrealized gains	1,893	3,348
<b>Total Revenues and Gains</b>	<b>2,531</b>	<b>3,944</b>
EXPENSES		
Salaries and benefits	499	452
Grants made	688	433
Professional and legal fees	25	21
Other expenses	236	204
<b>Total Expenses</b>	<b>1,448</b>	<b>1,110</b>
<b>INCREASE (DECREASE) IN NET ASSETS WITHOUT DONOR RESTRICTIONS</b>	<b>1,083</b>	<b>2,834</b>
<b>NET ASSETS WITHOUT DONOR RESTRICTIONS, BEGINNING OF YEAR</b>	<b>28,974</b>	<b>26,140</b>
<b>NET ASSETS WITHOUT DONOR RESTRICTIONS, END OF YEAR</b>	<b>\$30,057</b>	<b>\$28,974</b>
<b>STATEMENTS OF FINANCIAL POSITION DECEMBER 31, 2024 AND 2023</b>		
	<b>2024</b>	<b>2023</b>
ASSETS		
Cash and investments	\$30,017	\$29,067
Other assets	130	152
<b>Total Assets</b>	<b>\$30,147</b>	<b>\$29,219</b>
LIABILITIES AND NET ASSETS		
Payables and other accrued expenses	\$ 41	\$ 35
Grants payable, net of present value discount	29	174
Other liabilities	20	36
Net assets	\$30,057	\$28,974
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$30,147</b>	<b>\$29,219</b>

# Leadership Board and Staff

**THE BOARD OF THE NEW HAMPSHIRE CHILDREN'S HEALTH FOUNDATION IS COMPRISED OF INFLUENTIAL POLICY MAKERS, HEALTH EXPERTS AND ADVOCATES FOR CHILDREN. THEIR CONTINUED IMAGINATION AND GUIDANCE HAVE INSPIRED US TO BECOME A LEADING FUNDER FOR CHILDREN'S HEALTH IN THE STATE.**

## OFFICERS

**Keith J. Loud, MD, MSc, FAAP**  
*Chair*  
Chair of Pediatrics and  
Physician-in-Chief  
Dartmouth Health Children's  
Resident of Norwich, VT

**Erin Hennessey, CPA**  
*Vice Chair*  
NH Deputy Secretary of State  
Resident of Littleton, NH

**Jonathan Oglebay**  
*Treasurer*  
Senior Vice President/Chief  
Financial Officer  
Bellwether Community  
Credit Union  
Resident of Bow, NH

**Mary Bidgood-Wilson, FNP, CNM**  
*Secretary*  
Principal,  
Meredith Bay Consulting  
Resident of Center Harbor, NH

---

## DIRECTORS

**Borja Alvarez de Toledo, M. Ed.**  
President & CEO, Waypoint  
Resident of Newburyport, MA

**Pamela DiNapoli, PhD, RN**  
Adjunct Faculty, Elms College  
and Endicott College  
Resident of Manchester, NH

**Kassie Eafrazi, MA**  
Director of Behavioral Health,  
Northern Human Services  
Resident of Berlin, NH

**Kristine Stoddard, Esq.**  
Director, NH Public Policy  
Bi-State Primary Care  
Association  
Resident of Bow, NH

**Peter Ames, MPH**  
Executive Director, Foundation  
for Healthy Communities  
Resident of Litchfield, NH

**Matthew Dodge, CFP®**  
Financial Advisor,  
UBS Financial Services, Inc.  
Resident of Concord, NH

**Donald Shumway**  
Consultant  
Resident of Hopkinton, NH

**Trinidad Tellez, MD**  
Principal, Health Equity  
Strategies, LLC  
Resident of Manchester, NH

**Brian Beals, MD, FAAP**  
Pediatrician  
Coos County Family Health Services  
Pediatric Medical Director  
Androscoggin Valley Hospital  
Resident of Gorham, NH

**Sabrina Dunlap**  
Senior Director of  
Government Relations,  
Anthem Blue Cross Blue Shield  
Resident of Contoocook, NH

**Susan Stearns**  
Executive Director  
NAMI New Hampshire  
Resident of Sanbornton, NH

---

## STAFF

**Gail M. Garceau**  
President

**Patti Baum**  
Program Director

**Alisa Druzba**  
Director of Research and  
Community Impact

**Tracey Tryba**  
Finance/Administration Manager

This report is dedicated to the memory of Mary Bidgood-Wilson. Her dedication to improving the health of children and families in our state was truly exemplary.

# 2024 Committee and Task Force Members

## EXECUTIVE COMMITTEE

Keith Loud, Chair  
Erin Hennessey, Vice Chair  
Jon Oglebay, Treasurer  
Mary Bidgood-Wilson, Secretary  
Borja Alvarez de Toledo\*  
Pam DiNapoli\*  
Bobbie Bagley\*\*

## FINANCE AND INVESTMENT COMMITTEE

Jon Oglebay, Chair  
Matt Dodge  
Erin Hennessey  
Tom Clairmont\*\*  
Matt Boyle\*\*

## GOVERNANCE COMMITTEE

Borja Alvarez de Toledo, Chair  
Kristine Stoddard  
Peter Ames  
Susan Stearns  
Kassie Eafrazi  
Sabrina Dunlap  
Lisa Kaplan Howe\*\*

## GRANTMAKING COMMITTEE

Pam DiNapoli, Chair  
Mary Bidgood-Wilson  
Brian Beals  
Kassie Eafrazi  
Don Shumway

## SANDY VAN SCOYOC AWARD SELECTION TASK FORCE

Kassie Eafrazi  
Susan Stearns  
Erin Hennessey  
Peter Ames  
Mary Bidgood-Wilson  
Kristine Stoddard  
Sabrina Dunlap

## EQUITY TASK FORCE

Bobbie Bagley, Chair\*\*  
Peter Ames  
Borja Alvarez de Toledo  
Trini Tellez  
Patti Baum  
Alisa Druzba  
Tracey Tryba  
Gail Garceau

\* Ad hoc member  
\*\* Ex-officio member

NEW  
HAMPSHIRE  
CHILDREN'S  
HEALTH  
FOUNDATION

49 South Main Street, Suite 204  
Concord, NH 03301  
Phone 603.229.3260  
Fax 603.229.3259  
[info@nhchildrenshealthfoundation.org](mailto:info@nhchildrenshealthfoundation.org)  
[nhchildrenshealthfoundation.org](http://nhchildrenshealthfoundation.org)

