



NEW  
HAMPSHIRE  
CHILDREN'S  
HEALTH  
FOUNDATION

# The Urgency That Defines Our Mission

**2025** Annual Report

## Our Mission

To improve the health  
and wellbeing of all  
New Hampshire children.





## Our Vision

All children thrive and reach their full potential.

## Our Values

### **COLLABORATION**

We seek out and build connections with partners throughout New Hampshire and nationally to identify shared opportunities and to leverage capabilities and resources on behalf of the community.

### **RESPONSIVENESS & FLEXIBILITY**

We listen to stakeholder input, seek to understand changing requirements, and tailor our work to meet community needs.

### **ACCOUNTABILITY & STEWARDSHIP**

We are transparent and accountable to the community and operate with the highest fiduciary and governance standards.

### **EQUITY**

We actively seek to end disparities in power, money, access, and resources in all aspects of our organization and our work externally.

### **TRUST**

We have confidence in the integrity, reliability, and fairness of our colleagues and our external partners.

# Building a Stronger, More Responsive Foundation

As we reflect on 2025, we are struck by both the progress we have made and the urgency that continues to define our mission. The New Hampshire Children’s Health Foundation exists to improve the health and well-being of children and families across our state, and this year reaffirmed how essential our role is—particularly as families face growing economic pressures and increasingly complex challenges.

One of the most significant accomplishments of the past year was the successful launch of the New Hampshire Children’s Health Dashboard. Designed to bring timely, accessible, and actionable data to policymakers, providers, advocates, and community leaders, the Dashboard has quickly become a trusted statewide resource.

Equally important this year was our commitment to listening. In preparation for our May Board retreat, we undertook a robust qualitative assessment to ensure that community voices remained central to our work.

Through interviews with key informants, focus groups with parents and caregivers, and a survey of other funders, we deepened our understanding of the causes and impacts of the difficulties that families with young children face.

The development of the [Children’s Health Dashboard](#) sharpened our understanding of the root causes affecting children’s physical, mental, and social well-being. Across all indicators, one factor consistently emerges as the most powerful determinant of children’s health and well-being: poverty.

## ADDRESSING CHILD AND FAMILY POVERTY

At our Board Planning retreat, we articulated a clear vision for the future, anchored by two strategic goals focused squarely on addressing child and family poverty. These are to:

- Increase economic and family stability through actions and advocacy that reduce poverty.
- Strengthen systems and access to services that address the effects of poverty for families with young children.

Poverty extends far beyond the absence of income. It encompasses multiple forms of deprivation that limit opportunity and dignity—insufficient housing, food, healthcare, and education; insecure work; social exclusion and discrimination. It can strip families of power, justice, and stability, and it profoundly affects mental and emotional well-being. In short, poverty is not just about lacking resources—it is about lacking freedom and opportunity.

This recognition does not diminish the importance of the issues or organizations we have long supported; they remain vital. However, if we are to make a truly systemic and lasting impact, we believe we must be bolder in our mission and our focus.

Additionally noteworthy this year, was our response to the challenging political landscape and uncertainty around state and federal funding. The Board approved the establishment of an Emergency Funding initiative—an important step toward addressing the urgent and unforeseen needs among our nonprofit partners that threaten children’s health and stability.

## CONFIDENT IN THE FOUNDATION’S DIRECTION

Strong governance and sound stewardship underpinned all of this work. We enhanced our financial management capacity and continued to strengthen our commitment to equity through inclusive communication standards, ongoing Board education and participation in the Equity Leaders Fellowship, designed by and for leaders of color within the state. We also expanded our reach through strategic communications, increasing public awareness of issues affecting children and families across New Hampshire.

None of this would be possible without the dedication of our Board, committees, staff, and partners. We are deeply grateful for the time, insight, and care that so many bring to this shared work.

As Keith concludes his third and final year as Board Chair, and Gail enters her 11th year as Foundation President, we do so with confidence in the Foundation’s direction and profound appreciation for the collective commitment that drives our impact.

Together, we are building a stronger, more responsive foundation—one that listens, learns, and acts on behalf of New Hampshire’s children and families.

With best regards,



*Keith J. Loud*

Keith Loud, MD, Board Chair



*Gail M. Garceau*

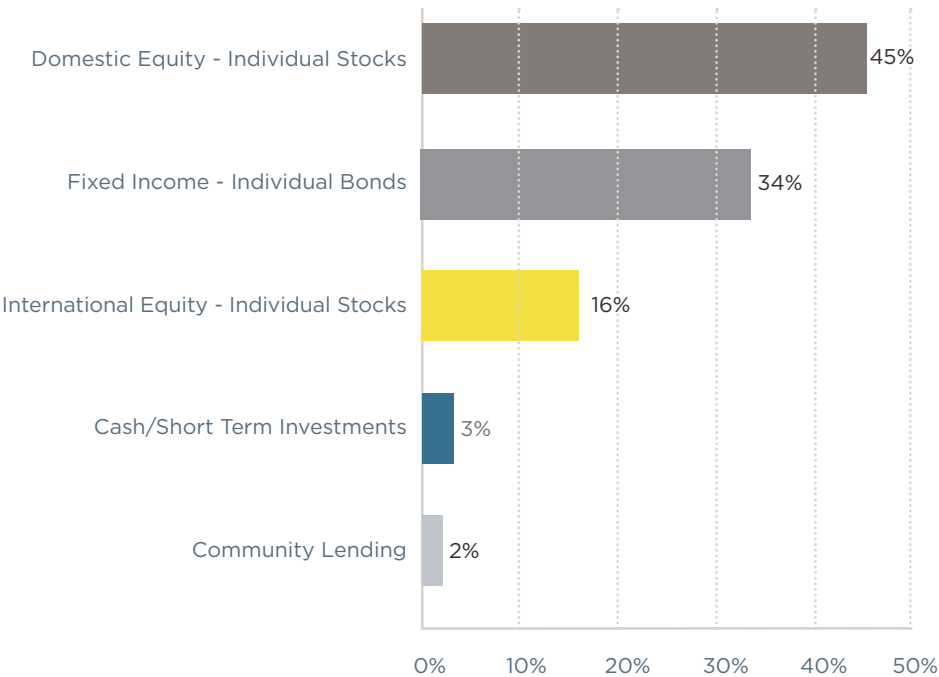
Gail M. Garceau, President

# Investment Policy and Grant Award Allocation

The New Hampshire Children’s Health Foundation’s investment policy states that our portfolio be managed to maximize its total rate of return over the long term. Our spending policy is a minimum of 5% of assets annually, based on the previous twelve-quarter moving average of the total portfolio.

Given our mission, our investment manager is directed to avoid investing in companies primarily doing business in tobacco, alcohol, fast food, sugary and caffeinated drinks or processed foods.

## INVESTMENT ALLOCATIONS AS OF DECEMBER 31, 2025

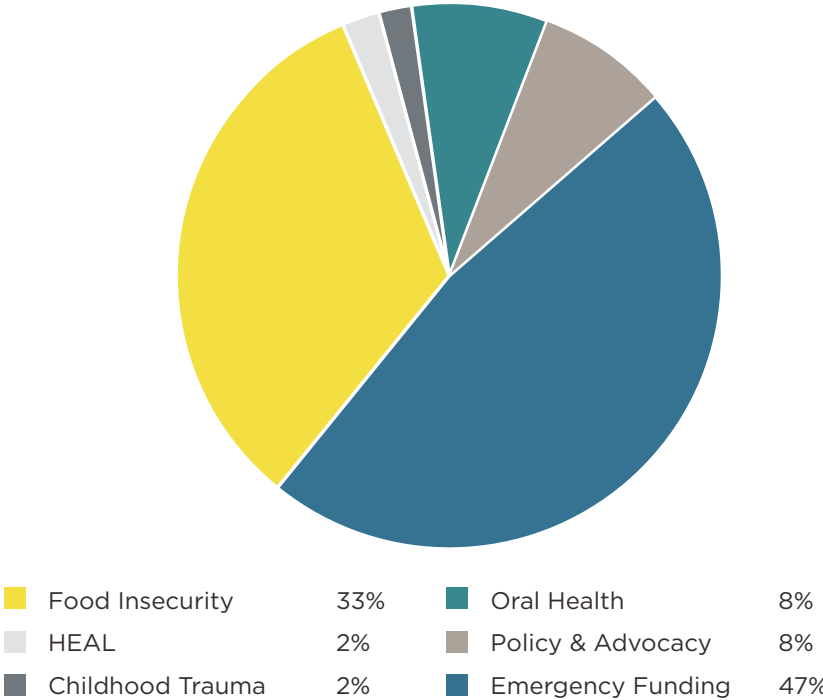


Our grantmaking focuses on children up to age 5 and their families in the following funding priorities:

- Prevent and reduce childhood trauma.
- Promote active living.
- Promote oral health.
- Increase access to children’s health and dental insurance coverage.
- Reduce food insecurity.

This chart reflects the allocation of new grant awards, other related field investments, and the addition of Emergency Funding grants made during the year.

## 2025 GRANTMAKING ALLOCATION



# Our Ongoing Commitment to Prevent and Reduce Childhood Trauma

## OUR COMMITMENT TO ADDRESSING CHILDHOOD TRAUMA

The New Hampshire Children's Health Foundation has continued its commitment to supporting efforts that prevent the occurrence of and reduce the impact of childhood trauma. This portfolio of work has primarily focused on supporting policy, systems, and environmental approaches that result in long-lasting changes within communities and across the state.

In 2025, the Foundation continued its support for investments, partnerships, and initiatives from previous years, including the final year of the Trauma Responsive Communities grant initiative. This year, the Foundation also began a retrospective of this portfolio of work to better understand how the field has changed and where needs and gaps still exist.

## TRAUMA RESPONSIVE COMMUNITIES GRANT

The Foundation's Trauma Responsive Communities (TRC) grant initiative culminated in 2025 with an end of year convening of the four grantee communities. Beginning in late 2022, this initiative supported four communities - Coos County, Concord, Monadnock, and Nashua - in implementing the Foundation's Trauma Responsive Communities model and building on existing work and investments.

Over the past three years, the four communities have been working toward policy, systems, and environmental change in their communities including a community wide, parent-led support system and mutual aid network, creating a cross-sector coordinated intervention to respond to community trauma, expanding and sustaining a family-centered support system across multiple systems, and strengthening coordinated care through professional development, training, and supports for providers.

## RETROSPECTIVE OF TRAUMA RESPONSIVE PORTFOLIO

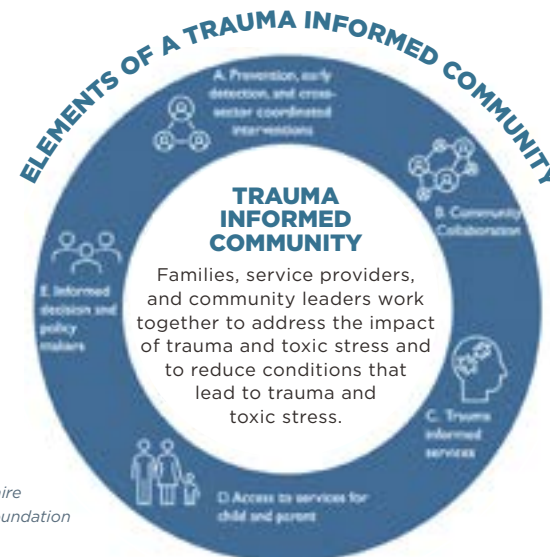
In 2025, the Foundation began a retrospective of its Trauma Responsive Grantmaking portfolio. This includes a revisit of the findings of the [2019 - 2020 Assessment of New Hampshire's Early Childhood and Family Mental Health Workforce](#) with key stakeholders across the system to understand how the field has evolved over the past five years and understand what challenges remain or have emerged in that time.

The retrospective will also revisit initiatives that the Foundation has supported - such as the Adverse Childhood Response Team (ACERT) model and the expansion of Child-Parent Psychotherapy (CPP) - and how those initiatives have evolved and impacted the field in New Hampshire. Data collection was completed in 2025 and a full report will be released in the first half of 2026. The report will also include a summary of findings from the evaluation of the Trauma Responsive Communities grant.

## OTHER INITIATIVES

Additional work in this portfolio in 2025 included:

- Support for business planning for the [Center for Trauma Responsive Practice Change](#) to support the goal of continued growth of system capacity for CPP and other trauma-informed models.
- Continued support for New Futures to coordinate legislative advocacy, communications, and grassroots development and support for early childhood policy change and increased public investment. 2025 achievements included an investment in the Early Childhood and Family Mental Health Credential ([SB244](#)) and an extension of funding for the Adverse Childhood Experiences prevention and treatment program first established in 2022 ([SB238](#)).



As developed  
by the New Hampshire  
Children's Health Foundation

# New Hampshire Children's Health Dashboard

## OUR COMMITMENT TO RESEARCH AND COMMUNITY IMPACT

In 2022, the Foundation's Board of Directors launched a strategic planning process to ensure its work remained aligned with New Hampshire's most pressing community needs. A key priority that emerged was the development of a resource capable of delivering meaningful, data-driven insights to both the community and the Foundation. This vision took shape as the [New Hampshire Children's Health Dashboard](#), a tool designed to illuminate the key determinants that influence children's health and well being from birth through age 17.

While New Hampshire consistently performs well on national measures of children's health, the Board recognized that statewide averages often obscure regional disparities. Not all children and families share the same access to opportunity, resources, or supports. To better understand these differences, the Dashboard draws on data from New Hampshire's Public Health Regions, rather than relying solely on statewide statistics. Only indicators with region-level availability and relevance were selected, ensuring the Dashboard reflects meaningful local variation.

Modeled after the national Health of the States (HOTS) project, the Dashboard explores associations between health behaviors, outcomes, and the social and environmental conditions that shape them. Through this analysis, 16 of the 22 conditions examined demonstrated the strongest correlations with health outcomes and behaviors across the state. These interconnected factors span five domains—economic, education, family and built environment, health care systems, and safety—and offer a clearer picture of what drives child health in New Hampshire.

To help users move from understanding to action, the Dashboard applies a “What? So What? Now What?” framework.

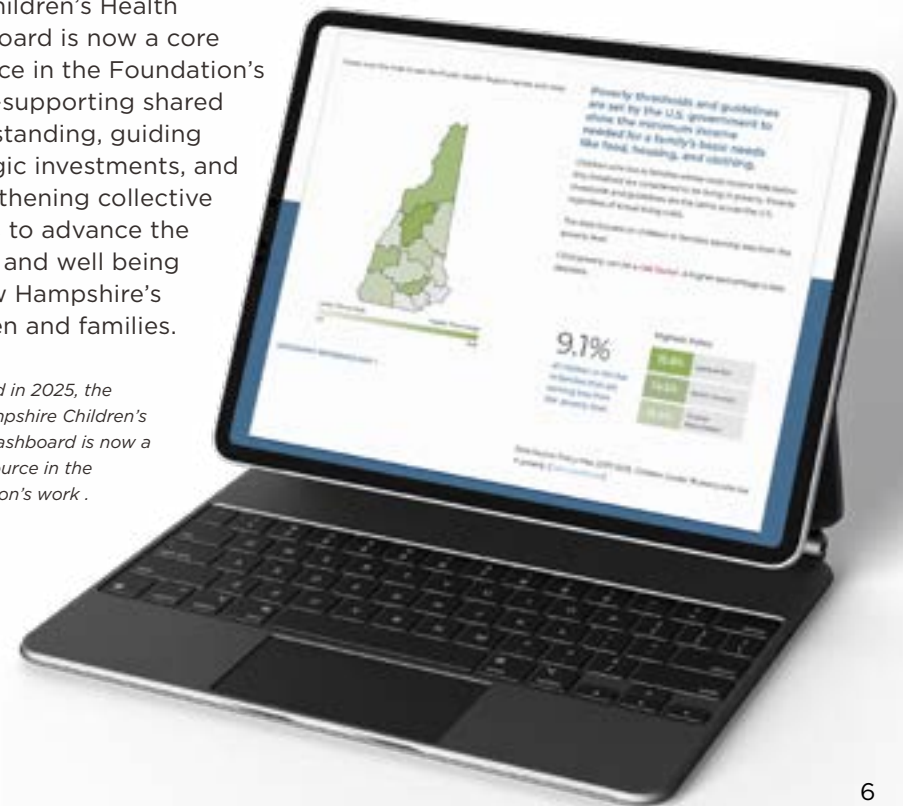
- What: identifies the key trends and conditions driving children's health.
- So What: explains why these patterns matter and how they affect families.
- Now What: offers evidence-informed strategies and areas of opportunity for communities, policymakers, and partners.

Designed for accessibility, the Dashboard is not limited to subject-matter experts; it is intended for anyone seeking to better understand the conditions shaping children's health. It is also not a substitute for local dialogue. Instead, it provides a quantitative foundation that communities can pair with their own lived experience and qualitative insights. The Foundation's goal is not to prescribe solutions, but to create a starting point for inquiry, collaboration, and action.

Since launch, the Foundation has focused on ensuring broad access and engagement. In 2025, the Dashboard was introduced through three live webinars, drawing participation from community partners, policymakers, and advocates. To deepen public understanding, the Foundation also published an op-ed at launch connecting Dashboard findings to the state budget process, along with two articles distributed to our email network: one on bullying (June) and one on housing quality and affordability (August). The housing article was also adapted as an op-ed and published in three media outlets.

The Children's Health Dashboard is now a core resource in the Foundation's work—supporting shared understanding, guiding strategic investments, and strengthening collective efforts to advance the health and well being of New Hampshire's children and families.

*Launched in 2025, the New Hampshire Children's Health Dashboard is now a core resource in the Foundation's work .*



# 2025 Grant Awards

**IN 2025, THE FOUNDATION PROVIDED \$967,700 IN 38 GRANT AWARDS AND OTHER RELATED INVESTMENTS TO SUPPORT THE WORK OF OUR PARTNER ORGANIZATIONS AND MOVE OUR MISSION FORWARD. SINCE 1997, WE HAVE INVESTED NEARLY \$21M INTO NEW HAMPSHIRE COMMUNITIES TO IMPROVE CHILDREN'S HEALTH.**

FOOD INSECURITY		
ORGANIZATION NAME	DESCRIPTION	2025 AMOUNT
NH Legal Assistance	General Operating Support	\$20,000
Cornucopia Project Educational Farm	General Operating Support	\$20,000
The Family Resource Center at Gorham	General Operating Support	\$20,000
International Institute of New England	General Operating Support	\$20,000
Northeast Organic Farming Assoc. of NH	General Operating Support	\$15,000
Organization for Refugee & Immigrant Success	General Operating Support	\$40,000
Regenerative Roots	General Operating Support	\$20,000
Taproot Farm & Environmental Education Center	General Operating Support	\$20,000
United Way of Greater Nashua	General Operating Support	\$40,000
NH Fiscal Policy Institute	General Operating Support	\$20,000
New Hampshire Food Bank	General Operating Support	\$20,000
Merrimack Co Conservation District	General Operating Support	\$20,000
Gather	General Operating Support	\$20,000
Willing Hands	General Operating Support	\$20,000
Whitefield Library	General Operating Support	\$7,500
<b>TOTAL GRANTS AND CONTRACTS: FOOD INSECURITY (15)</b>		<b>\$322,500</b>

# 2025 Grant Awards

## ACTIVE LIVING

ORGANIZATION NAME	DESCRIPTION	2025 AMOUNT
Southern NH Planning Commission	General Operating Support	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: ACTIVE LIVING (1)</b>		<b>\$20,000</b>

## ACCESS TO COVERAGE

ORGANIZATION NAME	DESCRIPTION	2025 AMOUNT
TLC Family Resource Center	General Operating Support	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: ACCESS TO COVERAGE (1)</b>		<b>\$20,000</b>

## ORAL HEALTH

ORGANIZATION NAME	DESCRIPTION	2025 AMOUNT
NH Oral Health Coalition	General Operating Support	\$40,000
Traveling Tooth Fairies	General Operating Support	\$20,000
Amoskeag Health	General Operating Support	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: ORAL HEALTH (3)</b>		<b>\$80,000</b>

## CHILDHOOD TRAUMA

ORGANIZATION NAME	DESCRIPTION	2025 AMOUNT
Center for Trauma Responsive Practice Change	Business Plan Facilitation	\$21,900
<b>CONSULTANTS/CONTRACTS</b>		
Health Resources in Action	To provide consultation, planning, evaluation and learning services to inform and advance childhood trauma strategies (statewide).	\$51,000
<b>TOTAL GRANTS AND CONTRACTS/CONSULTANTS: CHILDHOOD TRAUMA (2)</b>		<b>\$72,900</b>

# 2025 Grant Awards

EMERGENCY FUNDING		
ORGANIZATION NAME	DESCRIPTION	2025 AWARD
TLC Family Resource Center	To support the organization as it restructures service delivery in response to an unanticipated loss of funding.	\$25,000
Greater Derry Community Health Services Inc	To support the organization as it restructures to support application assistance and case management for families with children ages 0-5 and women of childbearing age.	\$10,000
Granite United Way	To support the Carroll County Public Health Network in retaining the Community Health Worker position serving families with young children.	\$30,000
Families in Transition	To support the operation of the Family Shelter in serving families with young children.	\$7,500
Waypoint	To support the Rockingham County Early Supports and Services Program due to a reduction in funding.	\$50,000
Foundation for Healthy Communities	To retain at least one trained Navigator and the state-wide Health Insurance Helpline.	\$50,000
International Institute of New England	To support green card cases at no cost for up to 15 refugee families in New Hampshire in FY26 (10/1/2025 -9/30/2026), including client intake, preparation and filing of legal forms, and full representation.	\$30,000
New Hampshire Legal Assistance	Support for legal services provided by the Immigrant Justice Project (IJP) for noncitizen families with young children who have immediate, life-threatening immigration legal needs and is experiencing increased demand.	\$25,000
Building Community in New Hampshire	To support case manager and an immigration attorney's time to advise the parents, prepare legally binding documents, and potentially represent the parents in court for 10 legally residing refugee families.	\$10,500
New Hampshire Catholic Charities Inc	To replenish the aid fund for fee increases and to provide Immigration Legal Services to families with children.	\$40,000
The Organization for Refugee and Immigrant Success (ORIS)	For the continuation of the Double Up Food Bucks program, to cover the cost of doubling the amount of food that customers using SNAP and EBT benefits can purchase, through May 2026.	\$14,300
The Upper Room	To support leadership salaries during The Upper Room's transition to a new corporate structure, driven by rapid growth, and the need to improve operational processes.	\$50,000
HealthFirst Family Care Center	To hire a consultant to facilitate a Strategic and Operational review of the organization, with a focus on financial sustainability.	\$20,000
Stepping Stones Pediatric Therapy	Support the onboarding and training of new staff, and the administrative time needed to coordinate the large number of children coming into early intervention services due to another agency's reduction in capacity.	\$10,000
NH Hunger Solutions	To contract with a grant writer/development consultant to immediately stabilize and diversify the organization's revenue stream.	\$30,000
Mid-State Health Center	To engage an external consultant with expertise in early childhood operations to evaluate the learning center's financial model, tuition structure, staffing patterns, operational expenses, and opportunities for revenue diversification.	\$30,000
Amoskeag Health	To support costs associated with a part-time grant writer enabling them to pursue a broader and more strategic range of funding opportunities, including national, corporate, and private grants.	\$20,000
<b>TOTAL GRANTS AND CONTRACTS: EMERGENCY FUNDING (17)</b>		<b>\$452,300</b>
<b>2025 TOTALS GRANT &amp; CONTRACTS/CONSULTANTS</b>		<b>\$967,700</b>

# Statement of Financial Position

## STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED DECEMBER 31, 2025 AND 2024

	2025	2024
	<i>(in thousands)</i>	
REVENUES AND GAINS (LOSSES)		
Net realized and unrealized gains	\$ 2,059	\$ 1,893
Interest and dividend income	706	638
<b>Total Revenues and Gains</b>	<b>2,765</b>	<b>2,531</b>
EXPENSES		
Salaries and benefits	513	499
Grants made	889	688
Professional and legal fees	50	25
Other expenses	297	236
<b>Total Expenses</b>	<b>1,749</b>	<b>1,448</b>
<b>INCREASE IN NET ASSETS WITHOUT DONOR RESTRICTIONS</b>	<b>1,016</b>	<b>1,083</b>
<b>NET ASSETS WITHOUT DONOR RESTRICTIONS, BEGINNING OF YEAR</b>	<b>30,057</b>	<b>28,974</b>
<b>NET ASSETS WITHOUT DONOR RESTRICTIONS, END OF YEAR</b>	<b>\$ 31,073</b>	<b>\$ 30,057</b>
<b>STATEMENTS OF FINANCIAL POSITION DECEMBER 31, 2025 AND 2024</b>	<b>2025</b>	<b>2024</b>
ASSETS		
Cash and investments	\$ 31,030	\$ 30,017
Other assets	126	130
<b>Total Assets</b>	<b>\$31,156</b>	<b>\$30,147</b>
LIABILITIES AND NET ASSETS		
Payables and other accrued expenses	\$ 65	\$ 41
Grants payable, net of present value discount	-	29
Other liabilities	18	20
Net assets	\$ 31,073	\$ 30,057
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$31,156</b>	<b>\$30,147</b>

# Leadership Board and Staff

**THE BOARD OF THE NEW HAMPSHIRE CHILDREN'S HEALTH FOUNDATION IS COMPRISED OF INFLUENTIAL POLICY MAKERS, HEALTH EXPERTS AND ADVOCATES FOR CHILDREN. THEIR CONTINUED IMAGINATION AND GUIDANCE HAVE INSPIRED US TO BECOME A LEADING FUNDER FOR CHILDREN'S HEALTH IN THE STATE.**

## OFFICERS

**Keith J. Loud, MD, MSc, FAAP**  
*Chair*  
Chair of Pediatrics and  
Physician-in-Chief  
Dartmouth Health Children's  
Resident of Norwich, VT

**Erin Hennessey, CPA**  
*Vice Chair*  
Consultant  
Resident of Littleton, NH

**Jonathan Oglebay**  
*Treasurer*  
Senior Vice President/Chief  
Financial Officer  
Bellwether Community  
Credit Union  
Resident of Bow, NH

**Pamela DiNapoli, PhD, RN**  
*Secretary*  
Professor Emerita,  
University of New Hampshire  
Department of Nursing  
Resident of Manchester, NH

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## DIRECTORS

**Borja Alvarez de Toledo, M. Ed.**  
President & CEO, Waypoint  
Resident of Newburyport, MA

**Matthew Dodge**  
Financial Advisor,  
UBS Financial Services, Inc.  
Resident of Concord, NH

**Donald Shumway**  
Consultant  
Resident of Hopkinton, NH

**Trinidad Tellez, MD**  
Principal, Health Equity  
Strategies, LLC  
Resident of Manchester, NH

**Peter Ames, MPH**  
Executive Director, Foundation  
for Healthy Communities  
Resident of Litchfield, NH

**Sabrina Dunlap**  
Senior Director of  
Government Relations,  
Anthem Blue Cross Blue Shield  
Resident of Contoocook, NH

**Susan Stearns**  
Executive Director  
NAMI New Hampshire  
Resident of Sanbornton, NH

**Brian Beals, MD, FAAP**  
Pediatrician  
Coos County Family Health Services  
Pediatric Medical Director  
Androscoggin Valley Hospital  
Resident of Gorham, NH

**Jo Porter, MPH**  
Chief Strategy Officer, NH  
Center for Justice & Equity  
Resident of Nottingham, NH

**Kristine Stoddard, Esq.**  
Director, NH Public Policy  
Bi-State Primary Care  
Association  
Resident of Bow, NH

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## STAFF

**Gail M. Garceau**  
President

**Patti Baum**  
Program Director

**Alisa Druzba**  
Director of Research and  
Community Impact

**Tracey Tryba**  
Finance/Administration Manager

# 2025 Committees & Task Force

## EXECUTIVE COMMITTEE

Keith Loud, Chair  
Erin Hennessey, Vice Chair  
Jon Oglebay, Treasurer  
Pam DiNapoli, Secretary  
Borja Alvarez de Toledo \*  
Bobbie Bagley \*\*

## FINANCE AND INVESTMENT COMMITTEE

Jon Oglebay, Chair  
Matt Dodge  
Erin Hennessey  
Tom Clairmont \*\*  
Matt Boyle \*\*

## GOVERNANCE COMMITTEE

Borja Alvarez de Toledo, Chair  
Kristine Stoddard  
Sabrina Dunlap  
Lisa Kaplan Howe \*\*

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## GRANTMAKING COMMITTEE

Pam DiNapoli, Chair  
Brian Beals  
Jo Porter  
Susan Stearns

## SANDY VAN SCOYOC AWARD SELECTION TASK FORCE

Erin Hennessey  
Sabrina Dunlap  
Susan Stearns  
Kristine Stoddard

## EQUITY TASK FORCE

Bobbie Bagley, Chair \*\*  
Peter Ames  
Borja Alvarez de Toledo  
Trini Tellez  
Patti Baum  
Alisa Druzba  
Tracey Tryba  
Gail Garceau

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## EQUITY LEADERS FELLOWSHIP

Peter Ames, Mentor  
Miranda Melson Chea, Fellow

\* Ad hoc member  
\*\* Ex-officio member



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